Setting *Your* PaCE

ISAC PaCE Symposium
April 21, 2022
Beth Arey, College & Career Coordinator
Michelle Vazquez, Post-Secondary Counselor
Why place such a high value on college & career planning?

- Uncertainty “aimlessness”
  - Prolonged education without acquiring a degree
  - Residential dependence
  - Frequent job changes
  - Lower wages

High School Graduation ≠ Success

College Admission ≠ Success

College Graduation ≠ Success
1. Create a committee of stakeholders
2. Review current counseling curriculum by grade level
3. Review schoolwide post-high school planning activities
4. Evaluate schoolwide structures
   • counseling services
   • bell schedule
   • school calendar
   • study hall/advisory
5. Evaluate delivery methods
   • individual counseling
   • group services
   • video
   • evenings
   • school day
   • advisory
6. Coordinate with middle school counselors
7. Make note of growth areas
ETHS is committed to empowering all students and their families with the tools to make informed decisions about post-high school options using current information on the multiple pathways to achieve their personal, academic and professional goals.
ETHS is committed to empowering all students with the tools to make informed decisions about their post-high school options. There are multiple pathways to success after high school. What is your Wildcat Future?

2-YEAR COMMUNITY COLLEGE
Earn an Associate's Degree with an option to transfer to a 4-year college or earn a license or Certification for a career in 1-2 yrs.

4-YEAR COLLEGE/UNIVERSITY
Earn a Bachelor's Degree in an area of interest. Earn a Master's or Professional Degree in 2-7 yrs.

TRANSITION PROGRAMS
Transition Programs teach independent living skills including vocational skills, to students receiving special education services, ages 18-21.

GAP YEAR PROGRAM/ TRAVEL
A year of community service or enrichment between high school and college.

APPRENTICESHIPS AND TRADES
Earn while you learn, provide industry-driven career pathways where employers prepare their future workforce. Transferable skills or technical training.

CAREER TRAINING PROGRAMS
Scheduling that prepares you for a job in a specific field. Professional training or a career certificate course at a non-degree-granting school.

MILITARY SERVICE
To enlist in the U.S. Armed Forces, you must have a high school diploma, be a U.S. Citizen or Resident Alien (age 17-54), and pass the ASVAB and MEPS Medical exam. Paid College Education and job training available.

JOIN THE WORKFORCE
Entry-level full or part-time employment. No experience needed. Paid hourly or interned.

Explore Your Options
- Discuss your plans with your family
- Consult with your ETHS counselor
- Use ETHS College & Career Services support
- Complete and reflect on your CAP activities in SchoolLinks
- Use SchoolLinks and the ETHS Programs of Study Guide
Our strategic, student-centered, approach provides opportunities for every student, grades 9-12, to connect high school experiences and learning to their personal, academic and professional goals.

Our goal is for every student to develop a broader awareness of self and the breadth of opportunities available to them after high school.

(11.15.13)
Individualized Career & Academic Plan (ICAP)

- Both a process and a product that enhances the relevance of school and out-of-school learning opportunities and provides the student access to career development opportunities that incorporate self-exploration, career exploration, and post-high school planning activities.
ICAPs Focus on SEL

- Communication
- Problem Solving
- Self-management
- Teamwork

- Organizing & Planning
- Leadership
- Reliability
- Initiative
ICAP Phases are....

**Deliberate:** *adj.* intentional.

**Strategic:** *n.* a plan of action intended to accomplish a specific goal.
The ETHS ICAP Phases Focus On...

- 9th Grade: Self-Exploration
- 10th Grade: Career Exploration
- 11th Grade: Post-High School Planning
- 12th Grade: Decision Making
ICAP
INDIVIDUALIZED CAREER & ACADEMIC PLAN GRADES 9-10

9TH GRADE
SELF-EXPLORATION
- Complete Personality Assessment
- Review Career Clusters
- Explore Suggested Careers
- Attend Post-High School Options Program with Parent/Guardian
- Review Programs of Study Guide
- Plan Coursework & Share Post-High School Goals with Counselor
- Start Resume
- Plan Community Service & Extracurricular Activities
- Begin Financial Aid Discussion with Parent/Guardian
- Take PSAT 8/9

10TH GRADE
CAREER EXPLORATION
- Attend Financial Aid Night with Parent/Guardian
- Complete Interest Assessment
- Favorite Careers/Set Career Goal
- Attend Career Pathway Info. Session(s)
- Attend Post-High School Options Program with Parent/Guardian
- Review Programs of Study Guide
- Plan Coursework & Share Post-High School Goals with Counselor
- Continue Community Service & Extracurricular Activities
- Update Resume
- Explore Summer Opportunities
- Begin Exploring Colleges & Majors
- Take PSAT 10

Self-Exploration
Self exploration is bridging the gap between where you are and where you want to be. Activities will focus attention on current values and present interests. In this process, students will discover different pathways to achieving their goals.

Career Exploration
Career Exploration is learning about various occupations and their "fit" with your unique preferences, e.g., the skills, interests and values you want satisfied by your career.
ICAP
INDIVIDUALIZED CAREER & ACADEMIC PLAN
GRADES 11 & 12

11TH GRADE
POST-HIGH SCHOOL PLANNING

- □ Continue Community Service & Extracurricular Activities
- □ Attend Post-High School Options Sessions with Parent/Guardian
- □ Attend Financial Aid Workshop with Parent/Guardian
- ⭐ Take Practice SAT
- □ Attend Career Pathway Info. Session(s)
- □ Continue to Explore Careers
- □ Complete an Internship/Work/Job Shadow Opportunity
- □ Update Career Goal
- □ Update Resume
- □ Review Programs of Study Guide
- ⭐ Plan Coursework & Share Post-High School Goals with Counselor
- ⭐ Take Standardized Tests (SAT/ASVAB)
- □ Explore Summer Opportunities
- □ Attend Options Fairs & College Visits
- □ Explore & Favorite Colleges
- □ Evaluate College Costs
- □ Review Scholarship Lists

12TH GRADE
POST-HIGH SCHOOL DECISION MAKING

- □ Continue Community Service & Extracurricular Activities
- □ Attend College Application Workshop
- □ Finalize College List
- □ Update Resume
- □ Confirm Pathway
- □ Complete the Free Application for Federal Student Aid (FAFSA)
- □ Apply to college
- □ Complete an Internship/Work/Job Shadow Opportunity
- □ Finalize Industry Certification
- □ Apply for Scholarships
- □ Compare Financial Aid Award Letters

Post-High School Planning
Post-high school planning is individualized to assist students in acquiring the knowledge, skills, and attitudes that enable a successful transition from school to work, college, trades, military or a gap year.

Post-High School Decision Making
Solid decision making occurs when you use available tools, resources and experiences to make the best possible choice based on given information and circumstances.
Bridging the gap between where students are and where they want to be. Activities will focus attention on current values and present interests. In this process, students will discover different pathways to achieving their goals.
ICAP To Do’s: 9th Grade

- Complete Personality Assessment
- Review Career Clusters
- Explore Suggested Careers
- Take Advantage of Academic Supports
- Become Familiar with Learning Style and Executive Functioning Skills
- Understand GPA / Transcript
- Attend Post-High School Options Program with Parent/Guardian
- Review Programs of Study Guide
- Plan Coursework & Share PHS Goals with Counselor
- Plan Community Service & Extracurricular Activities
- Start Resume
- Begin College Financial Aid discussion with Parent/Guardian
Career Exploration is learning about various occupations and their "fit" with students’ unique preferences, e.g. the skills, interests and values they want satisfied by their career.
ICAP To Do’s: 10th Grade

- Complete Interest Assessment
- Attend Career Pathway Info. Session(s)
- Favorite Careers/Set Career Goal
- Update Resume
- Attend Post-High School Options Program with Parent/Guardian
- Review Programs of Study Guide
- Plan Coursework & Share PHS Goals with Counselor
- Continue Community Service & Extracurricular Activities
- Explore Enrichment Opportunities
- Begin Exploring Colleges & Majors
- Attend Financial Aid Workshop with Parent/Guardian
Post-high school planning is individualized to assist students in acquiring the knowledge, skills, and attitudes that enable a successful transition from school to work, college, trades, military or a gap year.
Solid decision making occurs when students use available tools, resources and experiences to make the best possible choice based on given information and circumstances.
### 11th Grade Post-High School Planning
- Attend Navigating Junior Year Program
- Attend Career Pathway Info. Session(s)
- Continue to Explore Careers
- Update Career Goal
- Attend Post-High School Options Program with Parent/Guardian
- Update Resume
- Review Programs of Study Guide
- Plan Coursework & Share PHS Goals with Counselor
- Continue Community Service & Extracurricular Activities
- Take Appropriate Standardized Test (SAT/ACT/ASVAB)
- Explore Enrichment Opportunities
- Attend College Fair/College Rep Visits
- Explore & Favorite Colleges
- Attend Financial Aid Workshop with Parent/Guardian
- Evaluate College Costs with Net-Price Calculators
- Review Scholarship List
- Request Teacher Letters of Recommendation

### 12th Grade Post-High School Decision Making
- Attend Career & College Application Process Program
- Confirm Post-High School Pathway
- Update Resume
- Continue Community Service & Extracurricular Activities
- Attend Wildkit Futures Day Workshops
- Complete an Internship/Work/Job Shadow Opportunity
- Finalize College List
- Apply to College
- Finalize Industry Certification
- Complete the Free Application for Federal Aid (FAFSA) Apply for Scholarships
- Compare Financial Aid Award Letters
Schoolwide ICAP Resources

ETHS Programs of Study Guide

ETHS Career Pathways

- Agriculture, Food and Natural Resources
- Arts and Communication
- Finance and Business Services
- Health Sciences and Technology
- Human and Public Services
- Information Technology
- Manufacturing, Engineering, and Trades

[SchoolLinks Logo]
ICAP Support

ETHS Student Services Department

- 15 Grade level counselors
  - 4 grade level lead counselors
- 2+ Counseling interns
- College & Career Services
- Freshman Advisory Study Hall (FASH)
- Sophomore Advisory Study Hall (SASH)
- Academic Intervention Team
- Social Workers/ Psychs/Interns
ICAP Support

Schoolwide/Community Delivery

• CTE - Career & Technical Education
• Learning Strategies - SPED
• AVID (Advancement Via Individual Determination)
• Senior English - College Application Essays / Personal Statement
• WiSTEM - Women in Science, Technology, Engineering & Math
• SHPE - Society of Hispanic Professional Engineers
• NSBE - National Society of Black Engineers
• MEAC - Mayor’s Employer Advisory Council
• Middle School Counseling Curriculum
• Youth Job Center
• Evanston WE - Work Ethic
• Etc…
Evanston Township High School

PaCE in Action

Michelle Vazquez, MEd, LPC
ETHS Post Secondary Counselor
vazquezm@eths202.org
<table>
<thead>
<tr>
<th>Before COVID</th>
<th>Spring 2020-2022</th>
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<tbody>
<tr>
<td>College &amp; Career Exploration Field Trips/Workplace Tours</td>
<td>Virtual ZOOM Visits</td>
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<tr>
<td></td>
<td>No Field Trips</td>
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<tr>
<td>In-person Career Pathway Info Large Group Sessions</td>
<td>ETHS YouTube Channel</td>
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<tr>
<td>In person Auditorium style Financial Aid Night and FAFSA Completion</td>
<td>Virtual ZOOM</td>
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<tr>
<td>In-person Evening ETHS Career Pathway Fair with students, parents, public</td>
<td>March 2020 Cancelled</td>
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<tr>
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<td>March 2021 Virtual</td>
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<td>March 2022 In-Person during school day. Limited</td>
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College & Career Service Events and Programs connected to ICAPs (PaCE)

**Fall**
- Financial Aid Night/Noche de Ayuda Financiera (ISAC)
- FAFSA Completion Day
- Military Visit Day
- ASVAB Exam
- Evanston WE Program - Recruit Juniors

**Spring**
- ETHS Career Pathway Fair
- City of Evanston MSYEP Job Fair
- IKIT Paid Spring Break Job Shadow
- IKIT Paid Summer Internships for graduating Seniors

**Fall/Spring**
- College & Career Exploration Field Trips/Workplace Tours
- Career Pathway Info Sessions (YouTube)
ETHS Military Visit Day and ASVAB (Fall)

MONDAY
NOV. 8
W220

ETHS
MILITARY
VISIT DAY

Marines (Block 2)
Navy (Block 3)
Army (Block 4)
ROTC UIC (Block 5)
National Guard (Block 7)
ASVAB Exam Info (Block 8)

ETHS Juniors & Seniors register in SCHOOLINKS under "School Events"
Military @ ETHS Career Pathway Fair (Spring)
January 24, 2020: Marine Motto Day
Chicago Reserve Center 3034 W. Foster, Chicago
January 24, 2020: Marine Motto Day
Chicago Reserve Center 3034 W. Foster, Chicago
Referrals:
- Self
- Teachers
- Counselors
- Parents
- Coaches
- Survey Data

Our bridge to local MEAC Employers

Ms. Tana Francellno
Career Partnership Manager

STUDENT REFERRALS

Application
- Resumes
- Interviews
- Work Readiness Trainings

PREPARED STUDENTS

Local MEAC Employers
- WBL Opportunities
- Job Shadow, Tours, Interviews
- Apprenticeships, Internships
- Entry Level Career Pathways

Mrs. Vazquez
Post Secondary Counselor
ETHS Career Pathway Fair (Spring)

**ETHS Career Pathways**
- Agriculture, Food, and Natural Resources
- Arts and Communication
- Information Technology
- Manufacturing, Engineering, and Trades
- Health Sciences and Technology
- Human and Public Services
- Finance and Business Services

**2022 ETHS Career Pathway Fair**
Wednesday, March 16th
Block 6 & 8
11:30am - 3:30pm
N112

The goal of the ETHS Career Pathway Fair is to connect ETHS Youth with local business partners with entry-level career pathway and exploration opportunities.

- Apprenticeships
- Internships
- Job Shadowing
- Career Training Programs
- Entry-Level Career Paths
- ...and more!

Junior & Seniors can register to attend in Schoollinks → School Events. You will be excused from class to attend.

ETHS Staff can sign up to bring their class or group. Contact Mrs. Michelle Vazquez vazquezm@eths202.org
IKIT Pay Day Party 4/4/2022 for Spring Break Job Shadowers

Evanston Township High School

2022 IKIT Spring Job Shadow & Summer Internship

We are searching for 25-30 dedicated ETHS Wildkits to be placed in multiple local businesses to explore various Career Pathways!

Age 16+
Paid $15/Hour
Must be available during Spring Break and Summer 2022

Apply now!

Questions?
Email Mrs. Vázquez vazquezm@eths202.org
Ms. Francellno francellnot@eths202.org
**Introduction to Apprenticeships, Trades, Military and Career Training Programs**

- Career Pathway Info Session: Manufacturing, Engineering, and Trades
- Career Pathway Info Session: Military, Human and Public Service
- Career Pathway Info Session: Business, Finance, Information Technology
- Career Pathway Info Session: Health Sciences and Technology
- Career Pathway Info Session: Agriculture, Food, and Natural Resources
- Career Pathway Info Session: Arts and Communication
Thank you!

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Michelle Vazquez  vazquezm@eths202.org