



CAREER ADVISEMENT FIVE-YEAR PLANNING GUIDE



8th GRADE

GOAL | PREPARE



FRESHMAN

GOAL | EXPLORE



SOPHOMORE

GOAL | IDENTIFY



JUNIOR

GOAL | PLAN



SENIOR

GOAL | DECIDE

RESOURCES

- School Counselors: Why do I need a school counselor? Registration overview, transition to HS, elective courses, four-year planning
- Career & College Resource Center (CCRC): What is the CCRC? Where is the CCRC? Why do I need it?

INTEGRATED CAREER SERVICES

- What does Integrated Career Services (ICS) mean?
- What are the tools used for ICS?
- Who are the ICS Staff: School Counselors; Career Coordinators; Post-secondary Counselor; Teachers, Coaches, Club Sponsors

WORLD-OF-WORK EXPOSURE

- Clubs & Activities: Getting involved in school
- Preparing for your first job

POST-SECONDARY EDUCATION

- School Counselors: Why do I need a school counselor? Registration overview, transition to HS, elective courses, four-year planning
- Career & College Resource Center (CCRC): Who is the Post-Secondary Counselor?

SCHOOLINKS

- Log into SchoolLinks and create profile.
- Complete Find Your Path and Would You Rather surveys and Game of Life.
- Review survey results with a school counselor and career coordinator.
- Learn about My Plan | My Story.
- Favorite occupations and post-secondary training/education options.
- Review how Maine 207 courses are connected to career pathways.
- Create four-year course selections.
- Set career and academic SMART goals while learning how to connect them to personality, values, interests, abilities, and significant others.

WORLD-OF-WORK EXPOSURE

- Why do I need a career experience and what is one: Guest speakers, career panels, career treks
- Volunteerism/Community service
- School-sponsored or community-based extracurricular activities

POST-SECONDARY EDUCATION

- Introduction to Post-secondary section of SchoolLinks and Edmit.
- Consider AP and dual credit courses.
- Introduction to the importance of Return on Investment (ROI) regarding post-secondary choices and industry needs.

SCHOOLINKS

- Update profile
- Retake Find Your Path and Would You Rather surveys.
- Update career goal.
- Set a post-secondary training/education goal.
- Create a resume.
- Set an academic SMART goal.
- Continue to favorite occupations and post-secondary training/education options.
- Review/update course selections.

WORLD-OF-WORK EXPOSURE

- Career Experiences: Guest speakers, career panels, career treks, job shadow, informational interviews
- Taking classes in your career pathway
- Resume workshop
- Volunteerism, community service, extracurriculars

POST-SECONDARY EDUCATION

- Revisit Edmit and Post-secondary section of SchoolLinks (SL).
- Consider AP and dual credit courses.
- Continued ROI discussions.

SCHOOLINKS

- Update profile
- Retake Find Your Path and Would You Rather surveys.
- Update career goal.
- Update post-secondary training/education goal.
- Record volunteer hours.
- Track career experience hours.
- Update resume.
- Post-secondary planning and college/training/employment search learning unit
- Set an academic SMART goal.
- Review/update course selections.

WORLD-OF-WORK EXPOSURE

- Career Experiences: Guest speakers, career panels, career treks, job shadow, internship
- Introduction to apprenticeships and trade schools
- Part-time employment
- Taking classes in your career pathway
- Complete YouScience core career interest and aptitude assessment.
- Volunteerism, community service, extracurriculars

POST-SECONDARY EDUCATION

- Advanced Post-secondary SL/Edmit.
- Find colleges/training programs linked to majors/areas of interest.
- Visit colleges/training programs.
- Consider AP and dual credit courses.
- Personalized ROI career advisement.

SCHOOLINKS

- Update profile, career goal, post-secondary training/education goals.
- Record volunteer and career experience hours.
- Update resume.
- Continue to favorite occupations and post-secondary training/education options.
- Continue to record volunteerism and career experiences.

WORLD-OF-WORK EXPOSURE

- Career experience capstone
- Part-time employment
- Volunteerism, community service, extracurriculars

POST-SECONDARY EDUCATION

- Post-secondary training/education applications; Common Application
- Apply for financial aid; Scholarship search
- Application essays
- Advanced Post-secondary SL
- Commit to apprenticeship/training program/employment/2-year or 4-year college
- Evaluate and update ROI information to finalize post-secondary plan.

